CBY is pleased to welcome Cantor Lisa Levine, for a “Healing Shabbat” – a Virtual Shabbat service of prayer, songs and meditation designed to heal physical and spiritual challenges.

In her own words, she is “Rabbinic Pastor, Cantor, Chaplain, Composer, Poet, Author, Recording Artist” Cantor Levine will be using a typical Shabbat morning service rubric that includes some melodies, Kaddish and prayers for peace and healing.

Join the service which will be live streamed from our homepage bethyam.org and our Facebook page.
# Music Makes Friends

*a series of live streamed events at CBY*

It's a good time for a new series of music events, live streamed to CBY members. Hosted by Music Director David Kimbell, all concerts will be held on Sundays at 4:00 PM and last about one hour. Concerts can be viewed from our home page, bethyam.org, and our Facebook page. Details of each concert will follow shortly and check out the Weekly Tidings.

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<td>4:30 PM Executive Committee-Zoom</td>
<td>2:30 PM Hebrew II-Zoom</td>
<td>10 AM Four Chaplains Observance Budget &amp; Finance Committee-Zoom</td>
<td>5:30 PM Adult B’nai Mitzvah Program-Zoom</td>
<td>Candle Lighting 5:51 PM</td>
<td>Parashat Yitro Shabbat Mevarchim Chodesh Adar</td>
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<td>4 PM Hebrew Class-Zoom</td>
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<td>6:30 PM Kabbalat Shabbat Service-Live Stream</td>
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<td>4:30 PM Board Meeting-Zoom</td>
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<td>Parashat Mishpatim Rosh Chodesh Adar Shabbat Shekalim</td>
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<td>4:30 PM HHD Committee Meeting-Zoom</td>
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<td>10 AM Hot Topic Shabbat-Zoom</td>
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<th>14 Valentine's Day</th>
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<td>1:30 PM SAC Meeting Zoom</td>
<td>9 AM SAC Food Drive -Packing Lot</td>
<td>4 PM Staff Meeting-Zoom</td>
<td>10:30 AM Sisterhood Board-Zoom</td>
<td>11 AM Hebrew Class-Zoom</td>
<td>Candle Lighting 6:05 PM</td>
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<td>2:30 PM Hebrew II-Zoom</td>
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<td>6:30 PM Jewish Disability Advocacy Kabbalat Shabbat Service-Live Stream</td>
<td>10:30 AM Healing Service with Cantor Lisa Levine -Zoom</td>
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<tr>
<td>2 PM KK Chavurah</td>
<td>4 PM Music Makes Friends-David Kimbell-Live Stream</td>
<td>4 PM Hebrew Class-Zoom</td>
<td>10 AM Budget &amp; Finance Committee-Zoom</td>
<td>4 PM Hebrew Class-Zoom</td>
<td>4 PM Purium Megillah Reading (service)-Live Stream</td>
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<th>28 Shushan Purim</th>
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# Need Technical Help?

Are you having difficulty viewing services on-line? Finding our Facebook Live page? Understanding how to follow website links? Nancy Rosen has offered her technical expertise to anyone that could use some assistance. Contact her at 215-219-7901 or by email.
We are hearing the word “healing” a great deal these days. Healing from the COVID-19 virus. Healing from the divisions in the nation’s political problems. Healing from the economic woes we are currently experiencing in the nation. Healing from psychological traumas we have experienced and witnessed on so many levels over the course of 2020. What does healing really mean, and is there a way to bring it to us at Congregation Beth Yam?

This month we have invited Cantor Lisa Levine, who is a well-known composer and spiritual practitioner of yoga and other forms of spiritual practices, to join us for a special Shabbat morning program. We have sung Cantor Levine’s M’shebeirach prayer along with the Debbie Friedman version in our own Shabbat liturgy. She brings a great deal of sincere commitment to the spiritual dimension of helping people cope with, and find a way to deal with, some of the afflictions of the soul that have driven so many of us to distraction over the past year.

On February 20, a Saturday morning, at 10:30 AM Cantor Levine will join us through Zoom, and she will conduct what we call a healing service. This does not mean that she is going to offer a cure for all that concerns us. Rather, Cantor Levine will provide prayer, singing, and meditation to us in a way we may not have experienced before. It is a chance for us to open ourselves up to a new dimension of Judaism. The experience of the synagogue as a Bet Refuah, A house of healing, has a time-honored place in the synagogue tradition.

Just think about the prayers we offer to heal the sick each Shabbat. We recite the names of those we are concerned about and then we sing M’shebeirach. It is a powerful moment in the service, one that strikes to the core of our spiritual concerns, especially when someone we care about is hurting or struggling with an illness or some sort of spiritual pain.

All we are doing on Shabbat morning is expanding this aspect of public prayer and worship to focus on how to cope on a spiritual level with some of these current challenges in our lives. It is about opening up our hearts and souls to the hope that is always around us. The question is: are we open to that aspect of spiritual growth?

I am excited about Cantor Levine joining us. I have heard her in concert, most recently at the URJ Biennial in December 2019 in Chicago. I knew then that she would give us a gift that would inspire and teach us how to look at life from a different angle, and I believe we are ready for that now.

Let me add one more item here. On February 19 we are having our Disabilities Shabbat, which is a new committee that has been working on how to make the synagogue more accessible to us and to those who have unique challenges in being able to hear or see or feel secure in a synagogue worship service. I raise this because there is a goal of healing here, too. Being able to sit down in the sanctuary (when it is open again) and hear a service or walk up to the bimah or read a large print siddur are all aspects of healing that deserve our attention.

So please watch for the e-blasts for further information to sign up for the Healing Shabbat with Cantor Levine. I am confident it will be a memorable experience and will open new avenues of spiritual growth in this congregation.

God bless you,

Rabbi Brad L. Bloom M.S.W., DD

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**PRAYER BOOK LENDING**

We are so fortunate to be able to view services virtually through streaming on our website or Facebook page. We also are so happy to have the Virtual T’filah projected on screens from the sanctuary. For congregants who miss the feel and look of the actual prayer book, Mishkan T’filah, we have some exciting news. The Ritual Committee, with the sanction of the COVID Committee, is offering to lend out copies of the siddur to congregants who would like to borrow one. If you are interested in borrowing a prayer book, call, text or email Pat Levitt. She will meet you at CBY, outside, to provide a numbered book for you to use for the duration of our virtual services. ✡
Shalom CBY,
February is the shortest month of the year, having 28 or 29 days. At one time the month had as few as 23 days. February was the last month to be added to the Roman calendar. The largest sporting event of the year, the Super Bowl, is held in February. The holiday of Purim begins at sunset on February 25. Purim is also called “The Festival of Lots.” The story tells us of the near destruction of the Jewish people as decreed by Haman who was the advisor to the Persian king, Ahasuerus. Ahasuerus’ newly crowned queen, Esther, is secretly a Jew, and she saves the day, along with her cousin, Mordechai. Thus, the story of Purim is known as the Scroll of Esther.

To celebrate Purim, we read the megillah, the Purim story. Many people dress up in costume because Purim is the holiday of disguise. Synagogues and communities hold plays, Purim carnivals, and festivals for the day. Every time Haman’s name is said during the megillah reading, a noisemaker or grogger is sounded. Cheers erupt when Esther’s name is said.

On Purim we eat hamantaschen, which are triangular shaped cookies with fruit fillings, to represent Haman’s triangular hat and his triangular pockets. Growing up, I remember helping my grandmother pinch the sides of the cookies and fill them with prunes or poppy seeds. When our kids were growing up, we would make the cookies filled with apricot and cherry jam.

Purim is a time of cheerfulness and festivity. It is a time for people to celebrate and be merry. Let yourself go, enjoy the traditions, twirl groggers, cheer, and make sure to take the time to make hamantaschen.

Chag Purim Sameach and keep smiling,

Candy

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Why CBY?

Carol and Larry Horowitz

1976 was a big year for us. I started my career with insurance and investments, Carol and I were married, and we first visited Hilton Head. That proved to be a great trifecta! After that, Carol and I visited Hilton Head almost yearly for about 15 years. I was playing in tennis tournaments here, we were enjoying the island (remember Gottfried’s Bakery in Coligny?), and our family began to grow.

Life became busy and we didn’t come to Hilton Head for about 10 years. Then we had an opportunity to start coming back in 2007. We fell in love with the island again.

About five years ago, we started attending CBY. We bought a house and moved here from Charlotte. Carol had just finished hiking the Appalachian Trail (it took six months!) and I started commuting back and forth to Charlotte. Immediately, we enjoyed the friendliness and warmth found in CBY. Our decision to join was confirmed during the first High Holy Days here when we ran into a couple of friends from Charlotte who had been coming to the island during this period for a few years.

Although the pandemic has made it difficult to remember that there is a CBY, several digital activities have made this physical separation easier. I often contribute to the monthly Our Lives digital publication, edited by Robin Katz. Carol and I have also become members of an informal chavurah that meets via Zoom, and this has kept us close to CBY. The pandemic will pass, hopefully soon, and I anticipate that CBY will flourish with excitement, new programming and social events over the next few years. After all, most of us consider CBY as our “home away from home.” ☀️
Men’s Club —
Dave Solomon, President

Men’s Club will be hosting another Men’s Club “Golf Free for All” March 29 which will be open to all members of CBY and friends. Once again proceeds will be donated to the CBY Friends campaign. We hope to double participation this year. Courses are being evaluated and a selection should be made shortly.

Social Action Committee — Barbara Meyer, Chair

Perhaps it is never too late to wish everyone a Happy New Year. All my wishes are for a safe, peaceful, healthy 2021, with enough vaccines for all. Sooner rather than later.

In the early part of January, the Social Action committee made two donations of $150 each to Deep Well and Bluffton Self Help. Since our coffers are getting thin, and we want to stretch out our budget, we were not able to donate a larger amount this time. We are aware that the need is great.

We have been doing our share of planning for the annual Dr. Martin Luther King, Jr. Shabbat which was held on January 15. Much of it, since we are still working with Covid-19 constraints, was virtual. However, with some careful social distancing and masks, we welcomed “Ms B” to offer songs. Galen Miller, president of the MLK Committee for Justice said a few words. Also invited to speak was Isabella Miller, his 17 year old daughter who, at a young age, is committed to social justice. Our Shabbat service was followed by four days of virtual programming by the Hilton Head MLK Committee for Justice.

On another topic, there is much food insecurity on our island. Sometimes it is invisible. But it certainly exists amongst the plenty. In order to try to meet a fraction of the need, we will be having another Food Drive on February 16 from 9 AM to noon. The theme, since it is close to Valentine’s day, is “Love your Neighbor”. The process will be the same as the one we used the last time. Our volunteers, gloved and masked, will meet your car in the portico of CBY. We will greet you and remove bags from your trunks. We are counting on the generosity of our congregants to bring bags of healthy food items. You all gave so abundantly last October, we surpassed all other collections, taking in over 3000 pounds of groceries. Both Deep Well and Bluffton Self Help expressed deep gratitude. This committee is sincerely grateful to you all.

Until next time, stay healthy, stay warm, find moments of peacefulness in the midst of these trying times.

Love Your Neighbor Food Drive

Bring your donations for Bluffton Self Help & Deep Well to the CBY portico where masked and gloved volunteers will take your donations from your trunk.

Fundraising Committee — Dave Solomon, Chair

CBY became a recognized sponsor in the Wreaths Across America program. Next year this should give us an advantage in selling wreaths and thus increase our payback on wreaths sold. This year we had more than 25 families participate in placing wreaths adorned with Jewish stars on the graves of more than 130 fallen Jewish soldiers interred in the Beaufort National Cemetery and the Beth Yam section at Six Oaks. Thanks go to all that participated in the event, and we hope to have increased participation next year.

Jewish Disability Advocacy Shabbat

February 19, 2021

Congregation Beth Yam is pleased to celebrate Disability Awareness Month with a Shabbat service on February 19, 2021. About one in seven people worldwide have a disability. People with disabilities have been excluded and isolated from mainstream society, marginalized by prejudice, scapegoated, suffered the barbs of society’s jokes, imprisoned, and killed for no reason other than their disability. Our intent is to commemorate people who are differently able and the roles they play in our lives and in society. We hope that this service and other efforts throughout the year will assure a fully inclusive CBY. Please join us on the 19th.
Sisterhood — Helen Hauer, President

I hope all of you will view our February 11 Gardening Event at 11 AM. It will be live streamed at the CBY website and Facebook page. More information is below on this page. Please email Tena Gruber by email with questions for the speaker.

The Mary Kay discussion for March 18 has been postponed.

On April 13 Sheri Farbstein will be demonstrating her ceramic art. We are not yet sure if the demonstration will be live streamed or zoomed.

Nominations are open for officers for the 2021-2022 year. If you are interested in being on the Sisterhood board, we would love to hear from you. Next year will certainly be a better one and one in which we can all participate. Please contact me by email if you are interested.

We will draw the winning afghan ticket next month so there is still time to purchase a ticket. Contact Robin Krumholz by email or send her a check. The tickets are $10 for one and $25 for three.

Unfortunately, due to COVID, we will not be having a Women’s Seder this year.

Yours in Sisterhood,
Helen

Food Demo Deemed Success

The Sisterhood’s “Sharing Shabbat Recipes” Zoom event organized by the Membership Committee, was held January 10. Host Lorna Bonner, Membership vice president, prefaced the program with a quote from “The Kitchen Workshop,” a cookbook published by Hadassah:

“The richness of Jewish cuisine is exemplified by the many foods prepared for the Sabbath. Today, we will learn about several distinctive recipes that bring family members, friends and neighbors together during the weekly Sabbath celebration.”

Six Sisterhood member “chefs” discussed and demonstrated a gamut of dishes, as well as the history, tips and “secrets” involved in making them. The chefs and their offerings included:

- Debbie Urato presenting her delicious “Home Made Chicken Soup”
- Naomi Freedman with a delectable “Baked Chicken Rosé”
- Cathy Rothbard, showed a wonderful “Sweet Potato Casserole”
- Donna Adelman offered her family inspired “Cousin Libby’s Noodle Kugel”
- Sherree Listwa demonstrated the use of an Instant pot in making a “Sweet Basmati Rice with Carrots and Raisins”

- Marcie Frisch showed an “Apple Cake” that can be a dessert or side dish
- Each Zoom participant received a booklet containing all of the recipes. The booklet also included Randy Kurjan’s recipe for challah, although Randy was unable to attend the event.

Robin Krumholz provided a tremendous amount of technical support for the Zoom event, and Sheila Margeson assisted with the selection of chefs and recipes for the program. This was deemed a great presentation by the many participants, who via calls and email expressed their appreciation to Sisterhood for sponsoring such a “mouth-watering” event.

Book Club

Our next Sisterhood book club will meet via Zoom on Thursday, March 11 at 12:30 PM. We will be discussing “Evening: A Novel” by Nessa Rapoport. It is the compelling story of family relationships as told from the viewpoint of the surviving sister during shiva week.

Save the Date

Native Plants for a Lowcountry Landscape

A special program is set for February 11 at 11 AM. The session will be streamed live at the CBY website. We will learn about the importance of using native plants to attract wildlife and sustain healthy ecosystems. Topics will include how to have beautiful landscapes, pollinators and migratory songbirds, while saving money on irrigation, fertilizer and avoiding harmful pesticides.

This program will be presented by Laura Lee Rose, an Urban Horticulture Agent for the Clemson Extension of Beaufort County. There will be time for questions.
For those of you that have made your gift to the Friends Campaign, thank you! If you haven’t yet made your gift, there is still time.

Your donation to Friends, while always important, is critical this year. Due to COVID-19 no other major fundraising events are able to take place, so it’s essential this year that we reach and exceed our $75,000 goal. As a reminder, the Friends Campaign is one major revenue source that will help cover CBY’s financial needs. Your gift helps support programs like “Shabbat Under the Stars”, “Night of 100 Menorahs”, Rabbi Bloom’s “Forefront” interviews, “Rabbi on the Road”, and major milestone recognitions and memorial services held at CBY. These programs that differentiate Beth Yam from other synagogues in the Lowcountry are something we need to perpetuate while we weather the COVID storm.

The Friends Campaign is asking you to “dig a little deeper” to support CBY and the programs and activities that set us apart.
Care Committee—JoAnne Doyle & Kathy Burnce, Co-chairs

Rabbi Bloom and the Care Committee have embarked on a new outreach to CBY Congregants. We call it “Rabbi on the Road.” In partnership with the Care Committee, Rabbi Bloom has visited members living in Hilton Head Plantation, Indigo Run, Port Royal, Palmetto Dunes, Sun City, Water Walk at Shelter Cove, Long Cove, and Wexford. Rabbi wants to maintain his contact with all of us, and this is a way congregants and Rabbi can touch base, even if it is just a wave from your front lawn or a short visit. The Care Committee is working to facilitate his visits to all of our communities. You will be receiving notification of designated days that Rabbi Bloom will be spending in your community. If you would like a visit, please respond by emailing JoAnne for Hilton Head visits or Kathy for Bluffton visits, so that we can set up the times for the Rabbi to visit. We are a caring community and we thank Rabbi Bloom for making this effort to touch base with our membership.

Volunteers are needed to make phone calls!

During the current pandemic, when most of us are staying at home, we miss our family and friends. The Care Committee has recruited volunteer callers from across the congregation to call members just to keep in touch, but more volunteers are needed to make calls to congregants not yet contacted. If you would like to help us by email. If you would like a phone call from the Care Committee, or from Rabbi Bloom, please contact JoAnne or Kathy by email.

Thanks,
JoAnne

Membership Committee—Janice Fradkin & Judy Movshin, Co-chairs

The Membership committee ended 2020 with two Chanukah events – the lightings of our beautiful traveling menorah in Old Town Bluffton and at CBY for the “Night of 100 Menorot.” Both events enabled CBY members to come to gather in safety and in celebration. The combined Shabbat Chanukah “drive-in” service was a new concept for CBY and one that we hope to utilize for creative programming and services in the future. The challenge of 2020 continues into the new year: staying connected as a religious community and family. Programming is one way to meet that challenge. Have an idea for a Zoom class or activity you would like to see done? Please contact us by email with your suggestions.

Cemetery Committee—Felicia Roth, Chair

Plots for Sale

CBY members in good financial standing are eligible for interment in the CBY Gardens section of Six Oaks Cemetery in Sea Pines. Several members wish to sell their interests. Anyone interested in purchasing may contact the sellers below directly, then contact Cemetery Chair Felicia Roth to facilitate arrangements with Six Oaks.

- Two plots purchased at sale price. Contact Neil Hilsen at neil.hilsen@gmail.com
- Two plots, engraved headstone and bench at half price. Contact Marvin Frogel at mpgrogel@gmail.com
- Four plots at sale price. Contact Linda Newport at lnewp26316@aol.com.

January Board Meeting Action Items

(Abstracted from Board Minutes)

Renee Roth and Michael Shapiro have revised the March of The Living Policy and propose its acceptance by the BoD. Motion to approve (R. Roth/J. Fradkin). Motion passed 17 yes, 0 no, 0 abstentions.
Ritual Committee — Janet Kelley, Chair

Purim, a time known for “feasting and merrymaking” according to the book of Esther, is celebrated by Jews around the world on the 14th day of Adar. This holiday is also known for mishlo-ach manot, the sending of food gifts and giving tzedakah to the poor. This year Purim is on February 26, with Erev Purim on February 25. The holiday occurs on the 14th day of Adar because that is the day Jews celebrated after fighting battles with their enemies throughout the Persian Empire on the 13th of Adar. However, in the capital city of Shushan, fighting took place for two days, on the 13th and 14th day of Adar. Jews there celebrated on the 15th day of Adar.

Long ago, the sages declared that Shushan residents would observe Purim on the 15th day of Adar in perpetuity. This is known as “Shushan Purim”. Today, the exact location of Shushan is unknown, but thought to be in southwestern Iran. It was also determined that Jews in all cities that were walled at the time Joshua brought the Israelites into Canaan should observe Purim on the 15th of Adar also. This was to honor Israel, which was in ruins during Esther’s time. Jerusalem is the only city today that has been determined with certainty to have been walled during Joshua’s time. Jews in Jerusalem have Purim festivities one day later than other cities on the 15th of Adar. For other ancient cities in Israel, such as Jaffa and Tiberias, it is unknown if they were walled during Joshua’s time. Therefore, they observe two days of Purim.

While we only observe one day of Purim here, may it be a day of feasting and merrymaking, giving food gifts to friends (socially distanced, of course), and giving tzedakah. ✨
Nominating Committee

The 2021 Nominating Committee has begun its work to nominate a slate for the 2021 annual election of officers and board members. If you have interest in using your talents and skills for the benefit of Congregation Beth Yam, please let us know. This a great opportunity to help direct the future of CBY.

Contact Judy Bluestone, Chair of the Nominating Committee, by email or by phone at 843-681-6519. We look forward to speaking with you. *

Holocaust Remembrance

Please save the date for our annual Holocaust Remembrance program - Yom HaShoah - to be held this year on Sunday, April 11 at 1:00 PM via Zoom.

If you are a survivor or a child or grandchild of a survivor who would like to participate in this moving afternoon, please email your contact information to Janice Fradkin so that you will be included. *
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“Jack is always patient and helpful as Jane cycles though every color and style of building and decorating material for each project that he has done for us. This deck and railing were particularly difficult to complete due to availability and shipping issues caused by the COVID-19 pandemic. Jack kept checking and coaxing the vendors until the supplies were delivered and got them installed and painted quickly. The result is perfect! We love the way it looks, much more contemporary and offering better visibility of our beautiful view.”

JANE AND HART JOSEPH
Live Stream Videos of past services can be viewed on the CBY website by going to the Home/Media/Video Player web page. Click the link to go directly there. http://www.bethyam.org/media-galleries/video-player.

Be Sure to Follow Us! congregationbethyam@CBYinHiltonHead
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