July 22 & 23 – 7:30 PM
The top 5 scoring teams from each qualifying round will move on to answer some out of this world questions in 5 categories with 5 questions that will drive you out of your mind.

The top 5 scorers of round one in the finals will move on to Wednesday's finals to answer some really diabolical questions.

The surviving team with the most points will win an equally insane prize that the trivial pursuit team needs to think of.

Send in your entry fee with the team name, team members names, and one e-mail address for purposes of communication to:
David Solomon 1959 Blakers Blvd., Bluffton SC 29909,
or register and pay online at bethyam.org
All proceeds go to CBY and are tax-deductible
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<td><strong>SUMMER HOURS—ALL SERVICES IN JULY AND AUGUST ARE AT 6:00 PM</strong></td>
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<td><strong>2 PM MEETING RE. LOOP SYSTEM-ZOOM</strong></td>
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**Be Sure to Follow Us!**

Twitter: congregationbethyam@CBYinHiltonHead

Instagram: congregationbethyam

Like our Facebook page: [https://www.facebook.com/congregationbethyam/](https://www.facebook.com/congregationbethyam/)

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**FAITH IN ACTION**

Please take a minute to look at my recent column in the Island Packet. I urge you to keep my “Faith in Action” column alive by clicking [here](http://www.islandpacket.com/living/religion/faith-in-action/) and sharing it with friends and family.

We received an excellent letter from our new President Candy Solomon. She has gotten off to a great start in assuming her duties for the congregation. I support her comments and stand behind her all the way. I have always said from the bimah that we, the clergy, plus professional and administrative staff work together as a team, and that goes the same when it comes to working with the board. The recommendations of the Pandemic committee will be reviewed and discussed by the board. You have been given a survey and the board will take your comments seriously in their deliberations. Everyone is working together as a team to create the best solutions from a financial and programmatic perspective for CBY membership. My goal is to work with the staff and guide them to provide the best services to you the congregants. This includes the services we are providing by way of Livestream and Zoom and the religious school and everything else. I am proud of the administrative staff for giving their best to the needs and requests of the congregants and the board. The ultimate decision to open and close the facility rests with the board.

This is a crucial time for us and I ask of you to stay with us and support this congregation. We all need to come together to make our congregation thrive in the midst of an unprecedented challenge in our society today. We can do this and do all we can to preserve the special Beth Yam feeling and sense of community we have all worked so hard to cultivate over the years. We do not take your support for granted and I hope every member believes what I am saying is true. So when you are receiving your dues statement, know that I along with the volunteer leadership thank you for continuing that support for the upcoming year.

The summer will be for planning for the upcoming year, and we all know that it is important to be flexible in what we present to you, knowing full well that being able to adapt to the unpredictable nature of the COVID-19 is crucial, and I have full confidence in the leadership and in the staff to be able to go above and beyond for our congregation.

Moses said to Joshua, “Hazak v’ematz” (“Be strong and have courage”). I think this is a time for all of us to do the same in our personal lives and how we keep safe. It is also important to be strong and have courage for our community at CBY. This congregation has made a difference in people’s lives and in the welfare of Hilton Head and Bluffton. Our members do so many things to make a better community inside and outside the congregation. I hope we are all proud of this community. I hope to see you at services one day. In the meantime keep watching us on our Livestream for Shabbat services. Also, please let me know if I can be of any support to you. Just call me on my cell, text me or email. I care about you and want to be part of your lives just like I hope you will always be part of our community, too.

Shalom,

Rabbi Brad L. Bloom M.S.W., DD
Shalom CBY,

As my term of office as President of CBY begins, it is my honor to have the opportunity to serve you. I am looking forward to developing creative ideas as we work together to make CBY the best it can be.

We welcome our newest Board members, Marida Bruggeman and Kim Shapiro. We would like to thank Joel Greene, Jeremy Press, Mike Weingarten, Phil Davidson, and Janice Fradkin for stepping up and serving on the Executive committee of the Board. Pennie Meiselman will be stepping down from her role as Past President, and we thank her for her many years of dedication and service to CBY. We are lucky to have David Kurjan, Doug Luba, Barbara Meyer, Felicia Roth, Renee Roth, Howard Rothchild, and Michael Shapiro continuing to devote their time and energy to the Board. Helen Hauer as Sisterhood President and Dave Solomon as Men’s Club President will also be important members of the board representing those organizations. Rabbi Bloom offers us spiritual guidance at every meeting. Last, but not least, our Past President, Judy Bluestone, will be our guiding light every step of the way, offering her experience and guidance as needed.

This past year we have welcomed new members from Beaufort to Hilton Head for a total of 286. We have a total of 147 Resident Family units, 72 Resident Single units, and 67 Affiliate Family units. Please welcome our newest members, who wear name tags with star stickers.

We want our new members, established members, and visitors to feel welcome whenever they enter our doors. CBY is truly a family. Your Rabbi, President, and Board of Directors serve you, the Congregation. We are here to celebrate the good times and comfort each other during troubled times. We sustain our spiritual side when we participate in our worship services. We are here to support others through Tikkun Olam. CBY has no borders or limits. We appreciate and welcome differences.

Join me in making CBY the best it can be. I look forward to speaking with you.

Shalom and keep smiling,

Candy

Corny Jokes from Candy to put a smile on your face!

⇒ What do you call a dinosaur that is sleeping? A DINO-snore!
⇒ What is fast, loud, and crunchy? A rocket chip!

Memberships Committee – Janice Fradkin & Judy Movshin, Co-chairs

The Membership committee has begun planning our programming for the coming year (although we’d have to call it our wish list at this point!). Off island Lev Simcha services, Chanukiah lightings at Shelter Cove Park and in Bluffton, and another fun and delicious potluck dinner are all in the works for when our “new normal” reveals itself to us in the months ahead. In the meantime, please let us know of any potential members you think may want to share in the CBY experience.

Wishing you continued health, safety, and connection during these interesting times! 🌟

Membership

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<th>Resident Families</th>
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<tr>
<td>Resident Singles</td>
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<td>Affiliates</td>
<td>67</td>
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<td>Honorary</td>
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<td>Total</td>
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It’s that time again!

Update your family directory listing. Please send your updated information to the CBY office.

Thank you!
Sisterhood —
Helen Hauer, President

Our Sisterhood is affiliated with the Women of Reform Judaism. I thought I would give you some reasons for this affiliation. The following description was taken from the WRJ website:

“Through Women of Reform Judaism, Sisterhood members connect with a community of more than 65,000 women in over 500 sisterhoods throughout the world. At the heart of WRJ are the shared goals of engagement in spirituality, a commitment to the creation of a vital, influential, and caring Reform Jewish community, and advocacy on critical issues to fulfill the spiritual mandate of tikkun olam, helping to “repair a broken world.”

Affiliation with WRJ brings the voice of your sisterhood worldwide, creating one unified voice, and proving that we are truly stronger together.

The power of women organizing to make a difference is limitless. The magical feeling of bonding, sharing, and just plain fun when women come together is something only we, as women, can understand."

Our membership letter will be going out soon. Please return your dues and volunteer form as soon as possible so we can plan for the coming year.

Stay well and stay safe.

Yours in Sisterhood,
Helen Hauer, President

BOOK CLUB, Susan Sigalow

We have had a great year discussing a wide variety of books. We smoothly made the necessary transition from live meetings at CBY to Zoom meetings. Rita has done a great job organizing the book club and now I’m going to take a turn doing it. We are going to meet in the fall and we will continue to meet on Zoom until it is safe to meet in person. We welcome suggestions for books with a Jewish connection to read and discuss. There will be announcements in the Tidings of our future meetings and the books we will be discussing. Please join us. ✜

Social Action Committee—
Barbara Meyer, Chair

The Social Action Committee is so very grateful to all those in our congregation who make donations to the Tzedakah fund. Without this generosity, our ability to help would be greatly diminished.

Our sense was it could be helpful to do a “clothing drive” as shopping might not be happening with job losses and tight budgets. To that end, we all cleaned our closets, looking for lightly worn, clean summer clothing. We had a minor glitch with distribution due to the issue of social distancing and worry about exposure. We could not have an open air “give-away” as planned. Nonetheless, we were able to donate a considerable amount of clothing to a rural church in Yamassee, as well as a large amount to local Hispanic families.

Earlier in the spring, I listened to a moving press conference by Gov. Andrew Cuomo. He spoke about the dark times we are living through. Then he segued to his love of spring, trees budding, the beginnings of blossoms, the darkness of winter turning to the warmth and renewal of spring.

He told a story of an unexpected “act of generosity” and “lovingkindness” that brought 35 ventilators to his city. This act of random kindness, he said, boosted his spirits when he was at a low point.

There are days when we all need our hearts warmed. And we need to continue to think about how our committee can make a difference, can in small ways make the world a better place. As we have tried to plan for the future, we have been humbled by the uncertainties. For sure, we have ideas. Currently, they are “on pause”. We are all taking deep breaths. Some of us are meditating. We are all committed to a focus on food insecurities as we move into the near future. ✜
Seminar: Effects of Recent Federal Tax Legislation on Your Retirement Plans, IRA Strategies and Legacy Planning

In late 2019 the **SECURE Act** (Setting Every Community Up for Retirement Enhancement) was enacted. This legislation made permanent changes in laws regarding retirement plans, including IRAs, and other plans. Some of those provisions could significantly affect legacy plans (e.g., will, trusts, etc.), such as a change in the use of inherited IRAs. In March, the **CARES Act** (Coronavirus Aid, Relief, and Economic Security Act) was enacted. This legislation includes several temporary provisions (for 2020 only) affecting retirement plans, such as the waiver of Required Minimum Distributions for 2020.

Because these two pieces of legislation could have an impact – both positive and negative – on CBY members’ retirement plans, the Endowment Committee has asked our financial advisor, Steve Weber, to conduct a Zoom seminar. He will provide more detail on the major provisions of the Acts and discuss effective strategies to enable members to achieve IRA (and other retirement plan) goals of using and preserving your IRA, of paying lowest possible taxes on IRA distributions, and maintaining the simplest, safest, most diversified investment portfolio to accomplish these goals.

Many of you know Steve Weber from prior presentations at CBY. He is a Registered Investment Advisor who provides investment advice to both the CBY Endowment Fund and the Finance Committee.

**The Seminar is on Tuesday, July 28 at 4 pm.**
There will be time allotted for questions from members.

If you are interested in attending or have any questions about the seminar, please email Ted David. You will be sent Zoom sign-on information prior to the seminar.

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**NOTICE:**

In the June issue of the Tidings, the Endowment Committee described some provisions of the CARES Act regarding Required Minimum Distributions (RMDs).

The Treasury Department has recently issued guidance which relaxes some of the restrictions on the "roll back" of RMD distributions taken in January or February 2020. Since action must be taken by mid-August, if this affects you, you should discuss with your tax or financial advisor.
Ritual Committee —  
David Kurjan, Chair

Every week seems to fly by faster than the one before it. As a result, it’s important to stop, slow down, and take time to reflect. Here are seven ways families can incorporate the rituals and mindfulness of Shabbat to create a space to rest and reflect:

1. SHARE A MEAL TOGETHER  
The idea behind Shabbat is that you have no place to be. You can take as long as you want to enjoy each other’s company and the meal itself.

2. THINK ABOUT THE ACCOMPLISHMENTS YOU ACHIEVED DURING THE WEEK  
Friday evening is a great time to sit back and reflect on all that happened during the week.

3. MAKE SPACE FOR GRATITUDE AND BLESSINGS  
Shabbat is full of many blessings. The blessings all have the same theme: thanking God for the bread, wine, and day of rest.

4. APPRECIATE THE ABUNDANCE IN YOUR LIFE  
This is a day when you can be fancy, even if you are staying at home.

5. PARTICIPATE IN HELPING OTHERS  
Each week before Shabbat begins, there is a practice of collecting money in a box to be given to charity. The box is known as a tzedakah box, and the word literally means “justice” or “righteousness.”

6. HAVE FUN AS A FAMILY  
Shabbat is a great time to play old fashioned board games. Go for a walk together. Make space to enjoy one another’s company.

7. REST  
The best part! Shabbat is all about prepping beforehand so that once Friday evening hits, you can simply sit back and enjoy the 24 hours of time together. Going to bed early after a long Friday meal or napping on Saturday during the day are all par for the course in the nature of observing Shabbat.

Care Committee—  
JoAnne Doyle & Kathy Burnce, Co-chairs

The Care Committee is excited to announce Kathy Burnce has accepted the position of co-chair. Kathy, a hospital visitor with the committee, has held many other positions within CBY. She served as vice president of Membership for four years on the Sisterhood Board. She currently serves on the Social Action Committee (SAC) having chaired the Blessing of the Animals and now coordinates CBY volunteers through several mitzvah projects at Bluffton Self Help.

July and August are the planning months for the Care Committee’s calendar of activities. This year we will be looking at all of our activities in light of restrictions imposed by the Covid-19 Pandemic, the needs of our congregants, and the needs of our Jewish community. Working with Rabbi Bloom, we may be changing the look of some of our activities, keeping everyone socially distant as long as it is necessary.

If you are aware of a congregant who would benefit from a phone call, please contact JoAnne Doyle or Kathy Burnce by email, or Rabbi Bloom.

May you all come through this health crisis safely.

Men’s Club—  
Dave Solomon, Chair

This is a reminder that it’s time to renew your membership in the CBY Men’s Club. The Men’s Club is here to provide you with an interesting and rewarding experience. Since CBY is closed at the moment due to the COVID pandemic, we would prefer that you send a check for $36 to Joel Lerner rather than using PayPal on the CBY website. For new members your first year’s membership is free. Thanks again for your support and participation. I look forward to seeing you all as soon when we’re notified it’s safe to congregate.

Because of limited access to CBY, please mail your annual dues of $36, payable to CBY Men’s Club, to Joel Lerner, 4 Reston Place, Bluffton, SC 29910.

Please stay safe and healthy, and remember to wash your hands frequently and maintain social distancing.
Bob Harrison

I was born in Brooklyn, NY, which is, as you know, the home of Western Civilization. Moved to Great Neck on LI when I was 4. Dad was a CPA/Tax Attorney, mom a homemaker. I was educated at Great Neck North Senior High School, Yale College, Linacre College, Oxford University (Marshall Scholar, D. Phil degree in chemical crystallography), and Harvard Medical School. I did my pediatrics residency, infectious diseases fellowship, and MPH in epidemiology at the University of Washington. I was on the pediatrics faculty at the U of Arizona School of Medicine (Hartford Fellow) and Emory University Medical School in the Departments of Pediatrics, and I worked at CDC for several years investigating neonatal and pediatric consequences of sexually transmitted infections. For the last 25 years of my career I was in the private practice of pediatrics and pediatric infectious diseases at Children’s Healthcare of Atlanta, and I served as Hospital Epidemiologist during that time. I currently have a part-time position as Medical Director for Memorial Health Partners, a physiciansponsored health network in Savannah.

Jill and I bought a house on HHI in 2005, which we used for long weekends, short vacations, and to get to know the place. We moved in full-time in 2011 when I retired. I believe we joined CBY in 2012, simply because we wished to be a part of the Jewish community here, to get to know Jewish people, and to make new friends. Jill and I were both raised in the Conservative tradition of our faith. We have been Temple members one place or another our whole married life, and we have really enjoyed our relationships with people of similar cultural and religious backgrounds. CBY and its members have been an anchor in our retirement, allowing us to exercise and fulfill our spiritual sides and to really enjoy these years with wonderful new and dear friends. Remember, friends are the family you choose. Stay safe.
GROUP 4 BUILDERS’ REMODEL INCLUDED ALL NEW...
- Beamed Ceilings
- Custom Kitchen
- Bedroom Addition
- Jack/Jill Bathroom
- Laundry Room
- Office
- Painted Interior
- Plank Flooring
- Carpet
- Windows
- Door Hardware
- HVAC System

“Jack,
Thank you for handling the remodeling of our home. We are very pleased with the final product. Your insight and helpful suggestions were key to making this a very successful project. Also your efforts to hit the aggressive schedule we put out there are much appreciated. We would not hesitate to use or recommend you for any future projects. Thanks again for all your efforts.”

Scott and Mary Pleimann

Note: Scott Pleimann is the owner of Sea Island Kitchens and provided this beautiful, high-quality, custom kitchen.

Built-In Washer/Dryer work station & cabinets

GROUP 4 BUILDERS, LLC
EXPERIENCED, HIGH QUALITY, ON-TIME, ON-BUDGET CONTRACTOR
CONTACT US TODAY: 843-422-6925 jack1899resnick@gmail.com
Serving Hilton Head and the LowCountry for more than 15 years
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Joel Greene    1st Vice President
Jeremy Press   2nd Vice President
Michael Weingarten Treasurer
Philip Davidson Recording Secretary
Janice Fradkin  Corresponding Secretary
Judy Bluestone Immediate Past President

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Marida Bruggeman
David Kurjan
Doug Luba

Barbara Meyer  Howard Rothchild
Felicia Roth   Kim Shapiro
Renee Roth    Michael Shapiro

Rabbi Brad L. Bloom
Sisterhood President, Helen Hauer
Men’s Club President, Dave Solomon

Live Stream Videos of past services can be viewed on the CBY website by going to the Home/Media/Video Player web page. Click the link to go directly there. http://www.bethyam.org/media-galleries/video-player.